



Maitri Health Care for Women
Obstetrics, Gynecology and Midwifery

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Diclegis Instructions

Take 2 Diclegis tablets at bedtime. If symptoms are controlled the next day, continue taking 2 tablets at bedtime.

If symptoms persist into the afternoon on Day 2, take 2 tablets at bedtime, then 1 tablet in the morning of day 3 and 2 tablets at bedtime. If symptoms are controlled on day 4, then continue with 1 tablet in the morning and 2 tablets at bedtime.

If symptoms are NOT controlled on day 4, increase dose to 1 tablet in the morning, 1 tablet midafternoon , and 2 tablets at bedtime.

Tablets should be taken as scheduled and not on an as needed basis.

Maximum dose: 4 tablets daily.

	Morning	Midafternoon	Bedtime
Day 1			2 tablets
Day 2			2 tablets
Day 3	1 tablet		2 tablets
Day 4	1 tablet		2 tablets
Day 5	1 tablet	1 tablet	2 tablets