



Maitri Health Care for Women

Obstetrics, Gynecology and Midwifery

Going Home with a Catheter to Begin Induction of Labor

Your provider has recommended inducing (stimulating) your labor. A small catheter (tube) is placed in our cervix. A balloon at the top of the catheter is filled with fluid which mechanically dilates the cervix.

- Your balloon is due to be removed at _____
- **Call your provider immediately for:**
 - Decreased fetal movement (your baby is not moving as much as usual)
 - Vaginal bleeding
 - Fever (over 100.4)
 - Leaking of fluid
 - Labor (strong regular contractions)
- Do not have sex or put anything in the vagina.
- Don't remove the tape on your leg that holds the catheter in place.

If the catheter (tube) falls out- don't worry this is a good sign! Call your provider to let them know. You may then remove the tape from your leg and throw it away.