

Preoperative Showering Instructions

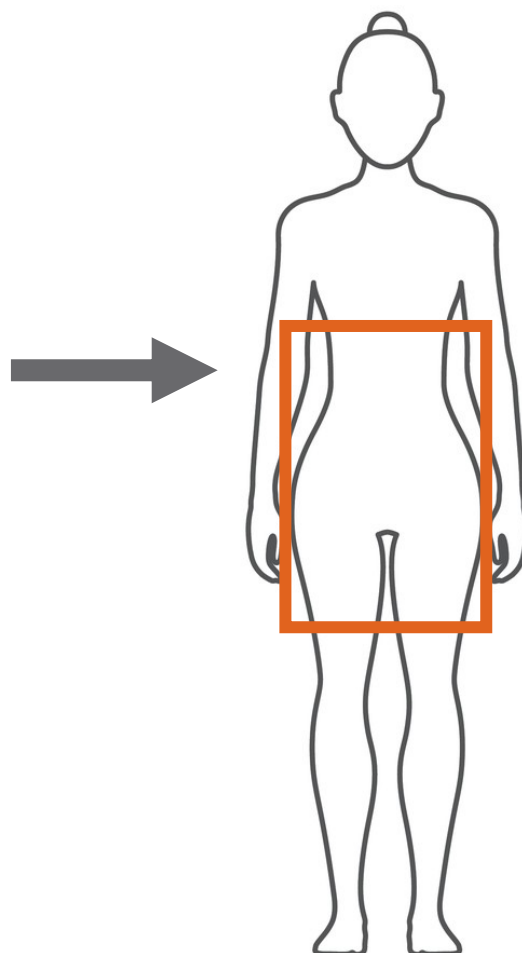
University of Vermont Medical Center

You play an important role in the prevention of a surgical site infection by preparing your skin to be as germ free as possible. Your surgeon has asked that you shower with the antibacterial soap sponge or wipes provided.

It contains chlorohexidine gluconate (CHG). If you have a known allergy to this agent you should not use this soap, and inform your surgeon or nurse. In this instance you should use Dial™ or Safeguard™ soap.

Instructions For Use

- Shower the night before and the morning of your surgery.
- Do not shave the surgical area.
- At the end of the shower, use the **sponge** side of the provided soap applicator to wash the indicated area noted in the box for a full two minutes while facing away from the water.
- Let soak for an additional 1 minute.
- Rinse entire body.
- Dry gently with a clean towel.
- Do not use powder, cream or lotion after the showers.
- Change to recently laundered and dried bed linen and clothing (e.g. pajamas) after your evening shower.



FOR MEDICAL QUESTIONS, PLEASE CALL YOUR OB PROVIDERS OFFICE

If calling after hours, please ask to speak with the OB provider ON CALL

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