

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Headaches in Pregnancy**

Magnesium 400-600 mg daily  
Vitamin B2 (riboflavin) 200-400 mg twice daily  
CoQ10 100 mg twice daily

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime

**Nausea/Vomiting in Pregnancy**

Vitamin B6 25 mg three times daily  
Unisom (sleep aid – active ingredient  
Doxylamine) ½ tablet at bedtime